



DC SAIL®

# Youth Scholarship Program

Changing Lives through Sailing & Boating Safety

## Yearly Scholarship Values and 2020 Goals



	2015	2016	2017	2018	2019	2020
<b>KIDS SET SAIL</b>						
# of Kids	17	10	30	37	50	50
Value	\$4,250	\$2,500	\$8,500	\$12,250	\$17,500	\$17,500
<b>HIGH SCHOOL RACING</b>						
# of Kids	3	3	4	4	10	10
Value	\$1,650	\$1,650	\$2,200	\$2,200	\$5,500	\$5,500



In 2019, we partnered with both H.D. Woodson High School and Jefferson Middle School Academy to provide scholarship opportunities for students to attend Kids Set Sail Summer Camp, High School Racing Program, and also Educational Charters on our schooner, "American Spirit." The children that we serve are considered economically-challenged and would otherwise not have the resources to engage in our exciting and life-changing programs. We also awarded scholarships to individual families that have a household annual income that falls below the poverty level in Washington, DC.

Our Youth Scholarship Program provides over \$20,000 annually in scholarship opportunities to children under the age of 18. This allows the ability to explore the beauty of the sport of sailing via an engaging STEM curriculum, essential boating and water safety instruction, and building an appreciation of our fragile waterway systems and the human impact on our environment.

DC Sail hopes to bring even more children into our programs in 2020!





**Kids Set Sail**  
 www.dcsail.org ~ 202-547-1250

DC Sail has shared the beauty of sail and on-the-water experience with thousands of DC area youth since the program commenced.

Kids Set Sail serves as our longest running Youth Sailing Program at DC Sail. During the eight week-long summer camp sessions, the young sailors are provided with instruction on how to sail a boat with each participant rotating through the skipper and crew positions. The 4:1 ratio of campers to counselor on board the boat provides excellent hands-on experience and safety.



Kids Set Sail curriculum includes:

- ▣ Health and Boating Safety
- ▣ Parts of the Boat
- ▣ Rigging & Furling a Flying Scot
- ▣ Identify Wind Direction
- ▣ Steering
- ▣ Weather and Electricity Talk
- ▣ Learn how to Tack and Jibe
- ▣ Safety Position
- ▣ Currents & Tides
- ▣ Nautical Charts
- ▣ Learn Points of Sail and Math Concepts to Describe Point Of Sail
- ▣ Knots
- ▣ Learn the Rules of the Road
- ▣ Burgees
- ▣ Introduce Launching and Landing
- ▣ Person Overboard Drills
- ▣ Learn How to Navigate a Race Course

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DC Sail is one of only 30 “Sanctioned” US Sailing Community Sailing Centers in the United States. DC Sail earned this honorable distinction with the National Governing Body (NGB) of the sport of sailing based on the staff’s superior community outreach, specifically working with at-risk children in the Washington, D.C. area. With exemplary on-the-water curriculum utilizing STEM (Science, Technology, Engineering, and Mathematics,) and an exceptional safety record, the non-profits creates unique sailing, boating safety and marine educational opportunities. DC Sail has a lasting, positive impact on the lives of these youngsters who would otherwise not have the chance to experience being on and around the water. With confidence, we have seen lives change through these beneficial experiences.

Additional benefits to the kids in the program is the opportunity to engage in cross-socioeconomic relationships with others outside of their neighborhood and schools. We have seen many lasting friendships develop, all while spending fun summer days on the water in Washington, DC.



# High School Racing

www.dcsail.org ~ 202-547-1250

The High School Racing Program has been offered at DC Sail for several years, and in the last few years has grown to more than 70 participants in both spring and fall. Representing 36 area public, private schools, and home-schooled students, the middle and high school aged children attend practice two to three times weekly and compete in area/regional regattas. DC Sail is the sole outlet for competitive High School Racing in Washington, DC.

In 2014, DC Sail introduced a new program to include 8th grade students in a, "Green Fleet." The Green Fleet program concentrates in a learn to sail curriculum combined with racing basics. The Green Fleet helps young sailors with little experience to prepare for High School Racing. With the addition of this wonderful program, we now have upwards to 80 kids on the water each week participating in Green Fleet, Junior Varsity and Varsity teams.

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Our goal is to further our outreach into the community and increase the number of scholarships for DC area high school sailors. Plans also include providing assistance to scholarship recipients with gear necessary for cold-weather sailing in early spring and late fall.

High School Racing Program curriculum includes:

- ▮ Water Safety
- ▮ Racing Tactics
- ▮ Leadership Skills
- ▮ Corinthian Spirit
- ▮ Team Building
- ▮ Strategic Planning
- ▮ Physical Fitness/Training
- ▮ Learn to Sail/Learn to Race (Green Fleet) which prepares less experienced sailors for the more demanding JV/Varsity programs.
- ▮ Home and Away Regattas: Competing with top-level sailors from across the mid-Atlantic Region. Our teams have participated in invitational regattas as far away as New York, Connecticut, South Carolina, and Louisiana.
- ▮ Development of exceptional cross-socioeconomic and long lasting friendships among team members.

