



Educational Charters on “American Spirit”

Age Group: Middle/High School

Time: 3hrs

Boat Based

Concept: The sailing fundamentals and the corresponding nomenclature aboard the “American Spirit”.

Objective: The Students will be educated on how to raise/lower the sails safely and will know the definition and location of the Main, Fore and Jib Sails. Students will also be introduced to the points of sail and the corresponding sail trim required to effectively sail the “Spirit”.

Introduction: The introduction will include the location of the sail and the lines that are used to control them. Students will be encouraged to pull on the lines to see the effect on each part of the sail.

Activities:	Time	Title
	30min.	Introduction
	10min.	“Find the Wind”
	30min.	Raise the Sails
	30min.	Break/Lunch
	30min.	Points of Sail/Sail Trim
	30min.	Tacking/Gybing
	10min.	What point are you?

Wrap Up: Students will be quizzed on what point of sail they are on to determine if they have learned points of sail. Students will also review the types of sails.