



DC SAIL®

High School Racing

www.dcsail.org

The High School Racing Program has been offered at DC Sail for several years, and in the last three, has grown to more than 70 participants in both spring and fall. Representing 36 area public and private schools, high school aged children attend practice two to three times weekly and compete in area/regional regattas. DC Sail is the sole outlet for competitive High School Racing in Washington, DC.



In 2014, DC Sail introduced a new program to include 8th grade students in a, "Green Fleet." The Green Fleet program concentrates in a learn to sail curriculum combined with racing basics. The Green Fleet helps young sailors with little experience to prepare for High School Racing. With the addition of this wonderful program, we now have upwards to 80 kids on the water each week participating in Green Fleet, Junior Varsity and Varsity teams.

Our goal is to further reach into the community and increase the number of scholarships for DC area high school sailors. Plans also includes providing assistance to scholarship recipients with gear necessary for cold-weather sailing in early spring and late fall.

	2013	2014	2015	2016	2017	2018
HIGH SCHOOL RACING						
# of Kids	3	5	9	3	4	10
Value	\$1,125.00	\$1,925.00	\$3,465.00	\$1,155.00	\$1,540.00	\$3,850.00

High School Racing Program curriculum includes:

- ▣ Water Safety
- ▣ Racing Tactics
- ▣ Leadership Skills
- ▣ Corinthian Spirit
- ▣ Team Building
- ▣ Strategic Planning
- ▣ Home and Away Regattas competing with top-level sailors from across the mid-Atlantic Region
- ▣ Learn to Sail (Green Fleet)

